



Explore. Discover. Play.

Crown Mountain
1,401 m / 4,597 ft

Dam Mountain
1,371 m / 4,500 ft

Grouse Mountain
1,250 m / 4,100 ft

ALL OF THIS. ONLY HERE.



MOUNTAIN GUIDE

1 Red Skyride

Departs every 15 minutes, 8:45am-10pm.
Skyride Surf Adventure™ pre-booking recommended.

2 Peak Chalet

3 Theatre in the Sky

Open daily: 9:30am-9pm. Featuring nature-themed films and Extremely Wild.

4 Alpine Plaza

5 Mountain Ropes Adventure & Kids Tree Canopy Adventure

Mountain Ropes Adventure - Open daily: 10am-6pm
Kids Tree Canopy Adventure - Coming September!

6 Guided Eco-Walks

Daily times (45 min): 11am, 1pm, 2:30pm, 4pm.
Starts at the large trail map outside the Chalet.

7 Heli-Tours

Available daily: 12pm-dusk. Visit Guest Services, or call 604.980.9311 for more info or to book a tour.

8 Mountain Ziplines

Available daily: 10am-6pm. Reservations are recommended but walk-ins are welcome based on availability. Visit Guest Services or call 604.980.9311 to book.

9 hÍvus Feasthouse

10 Outpost - Flight Centre / Zipline Check-In Disc Golf / Scenic Mountain Bike Rental

Disc Golf open daily: 9am-dusk. Discs for sale at the Outpost. Course maps available here and at Alpine Guest Services.

11 Peak Chairlift

Open daily: 10am-dusk. Included with the Mountain Admission Ticket.

12 World-Famous Lumberjack Show

Daily showtimes (45 min): 11:15am, 2pm, 4:30pm.

13 Grizzly Lookout Café and Habitat

Ranger Talks (15 min): 10am, 12:15pm, 2:45pm, 4pm.
Breakfast with the Bears available with pre-booking.

14 Pollinator's Garden

Open daily: 9am-dusk.

15 Owl Interpretive Sessions

Available daily (15 min): 10:45am.

16 BeaverTails Stand

17 Rusty Rail BBQ

18 Birds in Motion Demonstration

Daily showtimes (30 min): 12:45pm, 3:15pm, 5:30pm.

19 The Eye of the Wind

Open daily: from 10:30am. On-mountain upgrades available.

20 Tandem Paragliding

Available daily: 11am-6pm. Please call 604.980.9311 for reservations or visit grousemountain.com.

View Points Wheelchair Accessible Shopping

Restrooms First Aid Station Charging Station

Restaurants Guest Services / Information

Ziplines Chairlift

Accessibility Map Available at:
www.grousemountain.com/accessibility