



GROUSE MOUNTAIN

THE PEAK OF VANCOUVER



ONLY HERE

2015/16 PROGRAM GUIDE



GET THE iPhone APP

Find out what's happening today on the Mountain. Available on the App Store. grousemountain.com/app

GET SNOW ALERTS

Text **SNOWALERT** to **333777** to find out when we have a 10 cm snowfall.



#WINTER LOVE

Enjoy everything you love about winter and more at Grouse Mountain. Embrace the fun with new Terrain Park features, new night skiing on Blazes and our new Sliding Zone! We've even got major snowmaking enhancements to keep the fun going.

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LIFT TICKETS & SEASON PASSES

SKI/RIDE LIFT TICKETS

	DAY LIFT (9am-10pm)	NIGHT LIFT (after 4pm)
Adult (19-64)	58	48
Senior (65+)	45	40
Youth (13-18)	45	40
Child (5-12)	25	22
Tot ¹ (4 & under)	free ¹	free ¹

SKI/RIDE SEASON PASSES



	EARLY BIRD Pass	FULL SEASON Pass	SNOW PACK 10-DAY ²	5-DAY	NIGHTPASS (after 4pm)	1 NIGHT/ WEEK (after 4pm)
Adult	649	825	480	240	515	350
Student ³	449	725	-	-	-	-
Senior	349	675	400	200	390	275
Youth	449	675	400	200	390	275
Child	249	375	220	110	235	160
Tot	40	40	-	-	-	-
Family ⁴	1249	2090	-	-	765	525

Notes:

1. Tots are free, but require a ticket or pass. Tot Winter Passes are \$40.
2. 10-Day Snow Pack comes with 1 bonus transferable lift ticket.
3. Requires full time registration at a recognized post-secondary institution. Proof of registration and Student ID required.
4. 2 adults, 2 Child/Youth

ALL MOUNTAIN PASS

Unlimited skiing/riding, Skyride access, Mountain Ziplining, access to The Eye of the Wind & a \$100 Gift Card - **all for \$1249**

Prices subject to applicable taxes.



THE PEAK OF CHRISTMAS (NOV. 28-JAN. 3)*

See how magical elves have transformed Grouse Mountain into Vancouver's North Pole where you can have breakfast with Santa before visiting his workshop, meet a real reindeer or vote for your favourite creation in our Gingerbread Village. This Christmas, believe again.

*Santa will return to the North Pole on Dec. 24.

TICKETS & ANNUAL PASSES



	ALPINE EXPERIENCE TICKET	1-YEAR LOCAL'S PASS	2-YEAR LOCAL'S PASS
Adult (19–64)	43.95	129	219
Senior (65+)	39.95	109	179
Youth (13–18)	24.95	79	129
Child (5–12)	14.95	49	79
Tot (4 & under)	free*	10*	19*
Couple (2 Adults)	-	239	399
Family**	113.95	279	469

* Tots are free, but require a ticket or a pass. \$10 processing fee applies to each Tot Annual Local's Pass.

** 2 Adults, 2 Child/Youth

WHY BUY A LOCAL'S PASS?

For the equivalent of just over \$10/month, you'll have unlimited Skyride trips plus access to all of the Mountain's free activities, entertainment and more:

- Access to snowshoeing, sleigh rides, outdoor ice skating, and all of our regular summer and year-round activities.
- 50% off Alpine Experience Tickets for up to two (2) guests per visit — as many times as you want! (Does not include Download Tickets.)
- Discounts on Mountain Ziplining and visits to The Eye of the Wind.
- One free rental of skis/snowboard, snowshoes and ice skates; a 20% discount on subsequent winter rentals.
- 20% off at the Grouse Mountain Starbucks®.
- 20% off at all Grouse Mountain retail outlets.
- 20% off registration in our annual sporting events.
- 20% off ski/ride Night Lift Tickets on Saturdays and Sundays.



WINTER RENTALS & EQUIPMENT SERVICE

CONSIDER YOUR GEAR COVERED



Book your rental online at grousemountain.com/rentals to skip the line and head straight to pick-up at The Outpost. Let our experts give your gear some love - from minor repairs to full tune-ups.

PRODUCT	ADULT & YOUTH	SENIOR & CHILD	TOT
Ski/Snowboard Pkg – 1 Day	42	26	18
Premium Ski/Snowboard Pkg – 1 Day	50	n/a	n/a
Rental Season Pass (Regular)*	335	209	150
Rental Season Pass (Premium Ski/SB)*	399	399	n/a
+ Offsite Usage Option to Rental Pass	+99	+99	+99
Jacket & Pants	26	19	19
Ski/Snowboard Helmet	8	8	8
Snowshoes – 1 Day	20	20	n/a
Snowshoes – 2 Hours	15	15	n/a
Ice Skates	8	5	5
Skate Helmet	2.50	2.50	2.50
Full Season or End of Season Tune-Up	35		
Machine Edge Sharpen	15		
Hot Wax	15		
Machine Wax	10		
Base Repair	25		

* \$250 deposit required for Regular Season Pass; \$500 deposit required for Premium Pass.

- Notes:
- Online reservations must be made by 11:59pm the night prior to your selected rental date.
 - Cancellations must be made at least 24 hours in advance.
 - Some replacement parts also available at The Outpost.

A person wearing a bright blue jacket and pink pants is skiing down a snowy slope in a forest of evergreen trees. The scene is captured from a low angle, looking up the slope. The trees are covered in snow, and the overall atmosphere is bright and wintry. The text is overlaid on the upper portion of the image.

IT'S GREAT TO GROW UP

SKI/RIDE CAMPS & CLUBS

A low-angle photograph of a snowy evergreen forest. The trees are covered in snow, and the ground is also covered. The sky is bright and hazy. The text is overlaid on the upper portion of the image.

AT GROUSE MOUNTAIN.
AND DAY CAMPS FOR KIDS

ADVENTURE DAY CAMPS (AGES 5-16)

Do you have a budding nature enthusiast? Adventure Day Camps provide a unique and fun filled learning experience for kids and teens aged 5-15 years. Get your kids outside and in the snow even if they don't ski.

Camp Dates: **Spring Break (1 and 5 day options):**

Mar. 14-18, 2016

Mar. 21-25, 2016

Pro D Days: Oct. 23, 2015, Jan. 22, Feb. 5, Feb 8, Feb. 19, May 2, 2016.

Camp Times: 8:30am-3:30pm

PRODUCT	JUNIOR (5-7)	KIDS (8-12)	YOUTH(13-15)
5-Day Camp	255	255	255
ProD Day Camp (1 day)	57	57	-
+ After Camp Care Option	+10/day	+10/day	+10/day
+ Lunch Option	+9/day	+12/day	+12/day

Notes:

- After Camp Care is available until 4:30pm for an addition \$10/day.
- Grouse Mountain Passholders receive a 10% discount on Day Camps.
- Campers must either pack a lunch or take advantage of the daily Lunch Option (\$9/day for Juniors; \$12/day for Kids/Youth).
- Vegetarian and gluten-free lunch options available on advanced request.
- Register online, by phone at 604.980.9311 or in person at Guest Services (Registration cut off is at 5pm two business days prior to the camp start).
- Meet your Camp Leaders at the base of the Mountain, opposite Starbucks at 8:30am.



AVAILABLE ONLINE AT
grousemountain.com

SKI WEE & WEE RIDERS (AGES 3-6)

Start your little ones off right, learning skills and sportsmanship in a safe and playful environment. Book early as dates sell out quickly.

Session Dates: Ski Wee (ages 3-4) & Wee Riders (ages 3-6): Daily, Dec. 5-Apr. 3
Ski Wee (ages 5-6): Weekdays, Dec. 7-Apr. 1
Wee Family Day: Sun. Apr. 3, 1-4pm

Session Times: AM: 9am-12pm
PM: 1pm-4pm

PRODUCT	1 HALF DAY	4 HALF DAYS
Session	64	229
Session + Rental	84	298
Session + Lift (ages 5-6)	83	295
Session + Rental + Lift (ages 5-6)	103	364
Adopt an Instructor - 1-hour Private Lesson 4-pack		229

Notes:

- Tot Season Passes (ages 3-4) can be purchased for \$40.
- Jr. Ski Zone Camps are available to 5-6 yr olds on weekends/holidays.
- Rates include a snack for the kids and one Escort Ticket (Lift Ticket upgrade available on-mountain).
- Meet outside the Peak Chalet 15 min prior to scheduled start time.
- Participants must be at least 3 yrs old 2 months prior to their first scheduled session date.
- Register by phone at 604.980.9311 (before 5pm the day prior).
- Helmets are mandatory and included in the session rate. Helmets can also be purchased at Outfitters in the Chalet (passholders receive a 20% discount).
- Parents who book their child in Ski Wee/Wee Riders can receive 10% off an adult lesson for themselves.
- Parents and siblings of Adopt an Instructor participants can be booked for simultaneous private sessions at Adopt an Instructor rates.

SKI/RIDE ZONE CAMPS (AGES 5-18)

Our qualified and friendly instructors will help your kids gain skills and confidence on the slopes. For kids of all ability levels.

CAMP DATES	Jr. Ski Zone (Ages 5-6)	Zone (Ages 7-12)	Youth Zone (Ages 13-18)	Freeride (Ages 10-18)
Winter Break A (5 days): Dec. 19-23 B (5 days): Dec. 24-29 C (4 days): Dec. 30,31 Jan 2,3	AM, PM	AM, PM, Midday, Full Day	Midday	Full Day
Thursdays After School D (4 days): Jan. 7, 14, 21, 28 G (4 days): Feb. 4, 11, 18, 25	-	After School	After School	After School
Weekends E (4 days): Jan. 9, 16, 23, 30 F (4 days): Jan. 10, 17, 24, 31 H (4 days): Feb. 6, 13, 20, 27 I (4 days): Feb. 7, 14, 21, 28 J (4 days): Mar. 5, 12, 19, 26 K (4 days): Mar. 6, 13, 20, 27	AM, PM	AM, PM, Full Day	Midday	Full Day
Spring Break & Easter L (5 days): Mar. 14-18 M (5 days): Mar. 21-25	AM, PM	AM, PM, Full Day	Midday (no Easter Camp)	Full Day (no Easter Camp)
One Day Pro D Day 1: Jan. 15, 22, Feb. 5, 19 BC Family Day: Feb. 8	-	AM, PM, Full Day	-	-

Camp Times: AM: 8am-11:30am Midday: 10am-1:30pm
 PM: 12:30pm-4pm Thursdays: 4:30pm-8pm
 Full Day: 9am-4:30pm

4 DAY CAMPS

PRODUCT	HALF DAY	FULL DAY	HALF DAY
	Jr./Child (5-12)	Child (7-12)	Youth (13-18)
Camp	189	309	189
Camp + Rental	233	353	262
Camp + Lift	232	352	267
Camp + Rental + Lift	276	396	340
+ Lunch Option	-	+48	-

5 DAY CAMPS

PRODUCT	HALF DAY	FULL DAY	HALF DAY
	Jr./Child (5-12)	Child (7-12)	Youth (13-18)
Camp	234	382	234
Camp + Rental	289	437	324
Camp + Lift	287	435	330
Camp + Rental + Lift	342	490	420
+ Lunch Option	-	+60	-

1 DAY CAMPS

PRODUCT	HALF DAY	FULL DAY
	Jr./Child (5-12)	Child (7-12)
Camp	49	89
Camp + Rental	60	100
Camp + Lift	59	99
Camp + Rental + Lift	70	110
+ Lunch Option	n/a	+12



AVAILABLE ONLINE AT
grousemountain.com

SKI/RIDE ZONE

Trust us to create a safe and fun learning environment for your young skier/rider. It's the perfect place to build friendship and a lifelong love of snow sports.



ZONE CLUB: 10 SESSIONS (AGES 7-18)

This is a season-long program available to participants who are Ability Level 3 and up. Suitable for Zone Camp (7-12 yrs) and Youth Zone Camp (13-18 yrs) age groups.

Club Dates: Saturdays, Jan. 9-Mar. 12
Sundays, Jan. 10-Mar. 13

Club Time: 9am-4:30pm

PRODUCT	CHILD (Ages 7-12)	YOUTH (Ages 13-18)
Club	699	699
Club + Rental Pass	908	1,034
Club + 10-Day Snow Pack	919	1,099
Club + Rental Pass + Snow Pack	1,128	1,434
+ Lunch Option	+120	+120
+ Season's Pass	+375	+675

Notes:

- Participants in must be Ability Level 3 or higher to register in Zone Club.
- First day check-in starts in the Valley Plaza 30 min. prior to scheduled session time. For all other sessions please meet instructor in Valley Plaza 15 min prior to session start time.
- Jr. Zone Camps are ski only. Wee Riders is available for ages 5-6. Jr. rates include a snack for the kids and one Escort Ticket (Lift Ticket upgrade available on-mountain).
- Half Day programs stop for snack breaks; Full Day programs stop for lunch and snack breaks. Please take advantage of Full Day Lunch options, or pack food and refreshments for your child.
- Helmets are mandatory for all Zone Camp and Club sessions.
- Equipment rental price includes a helmet. If a child has his/her own equipment except a helmet, one can be rented at the time of registration for \$5 per day. Helmets can also be purchased at Outfitters in the Chalet (passholders receive a 20% discount).
- Parents who book their child in a Zone Camp or Club program will receive 10% off an adult lesson for themselves.
- Register online or by phone at 604.980.9311.



FREERIDE SKI/RIDE CAMPS (AGES 10-18)

Whether you're about to hit your first jib or win your first slopestyle comp, Grouse Mountain Terrain Parks are the perfect training ground to hone those vital skills.

Join our top instructors as they teach you the necessary skills to ski and ride steep runs, tree lines and terrain parks. The focus is on keeping things safe, and ensuring that students know the techniques and rules to minimize risks.

Camp Dates: Available during Winter Break and Weekends. Please see page 14 for Camp dates.

Camp Times: **Full Day:** 9am–4:30pm
Thursdays After School: 4:30pm–8pm

Notes:

- Participants must be Ability Level 5 or 6 to register.
- First day check in starts in the Valley Plaza 30 min. prior to session start time. For all other sessions please meet instructor in Valley Plaza 15 min prior to session start time.
- Please take advantage of Full Day Lunch option (\$12/day), or pack food and refreshments for your child.
- Helmets are mandatory. Equipment rental prices include a helmet. If a child has his/her own equipment except for a helmet, one can be rented at the time of registration for \$5/day. Helmets can also be purchased at Outfitters in the Chalet (passholders receive a 20% discount).
- Parents who book their child in a Freeride Camp program will receive 10% off an adult lesson for themselves.
- Register online or by phone at 604.980.9311.



AVAILABLE ONLINE AT
grousemountain.com

4 DAY CAMPS

PRODUCT	CHILD (Ages 10-12)	YOUTH (Ages 13-18)
Camp	359	359
Camp + Rental	403	431
Camp + Lift	402	436
Camp + Rental + Lift	446	508
+ Lunch Option	+48	+48

5 DAY CAMPS

PRODUCT	CHILD (Ages 10-12)	YOUTH (Ages 13-18)
Camp	449	449
Camp + Rental	504	539
Camp + Lift	502	545
Camp + Rental + Lift	557	635
+ Lunch Option	+60	+60

AFTER SCHOOL CAMPS (4 HALF DAYS)

Product	Child (Ages 10-12)	Youth (Ages 13-18)
Camp	219	219
Camp + Rental	263	291
Camp + Lift	262	296
Camp + Rental + Lift	306	368



PRIVATE LESSONS

Get your season on track or off to a start on the right ski with customized, one-on-one time.

PRIVATE SKI/RIDE LESSONS

(AGES 7+)

Our professional instructors provide undivided attention and focused instruction geared to your personal goals and pace. Available daily throughout the season.

PRODUCT	2-HOUR	+1 HOUR
Private (1 person)	152	+59
Semi-Private (2 people)	209	+59
+ Additional Student	+25	

Notes:

- To book please call 604.980.9311.
- Additional students may be added to Semi-Private Lessons to a maximum of 5 students per instructor.
- In Semi-Private groups, instructors will instruct at the level of the least experienced skier or rider.

ADOPT AN INSTRUCTOR (AGES 3-6)

PRODUCT	4x 1-HOUR
4 Private Sessions	229

Notes:

- Available for ski or snowboard instruction.
- To book please call 604.980.9311.
- Parents and siblings can be booked for simultaneous private sessions at Adopt an Instructor rates.

DAY SKI/RIDE LESSONS (AGES 7+)

Whether you are just learning or you want to sharpen your skills for winter, the Grouse Mountain Snow School has a small group day lesson for you.

Lesson Dates: 7 days a week throughout the season

Lesson Times: **Weekdays:** 12pm, 7:30pm

(Except during Winter and Spring Breaks)

Weekends: 10:30am, 1:30pm

(Except during Winter and Spring Breaks)

Winter Break: 9:30am, 12pm, 2:30pm (Dec. 20-Jan. 4)

Spring Break: 10:30am, 1:30pm (Mar. 9-20)

Notes:

- 5-Session Pack - 5 for the price of 4 (lessons only). All 5 sessions must be scheduled at the time of purchase. Subject to availability.
- Register online, by phone at 604.980.9311 or in person at Guest Services (In-person registration min. 2 hours prior to start time).
- All lessons are subject to availability. Advanced booking is strongly recommended.
- Helmets are mandatory for all students ages 18 and under.



AVAILABLE ONLINE AT
grousemountain.com

DISCOVERY SESSIONS

These 2-hour sessions are tailored specifically to students who are just learning to ski or snowboard, right up to Ability Level 3. Groups are no larger than 8 students, ensuring you get focused attention in a fun learning environment.

PRODUCT	ADULT	SENIOR/YOUTH	CHILD
Session	45	45	45
Session + Rental	78	78	64
Session + Lift	93	81	64
Session + Rental + Lift	126	114	83
Evening Discovery Package	108	108	83
5-Session Pack	180	180	180

IMPROVEMENT SESSIONS

These 2-hour sessions are tailored specifically to students of Ability Levels 4 to 6, who are developing their ski or snowboard skills and exploring the whole mountain. Groups are no larger than 5 students, ensuring you get excellent individualized attention.

PRODUCT	ADULT	SENIOR/YOUTH	CHILD
Session	62	62	62
Session + Rental	95	95	81
Session + Lift	110	98	81
Session + Rental + Lift	143	131	100
5-Session Pack	248	248	248



GOING DOWNHILL CAN BE
CLINICS, ADVENTURES &

A skier wearing a bright pink jacket and a red helmet is skiing down a snowy slope. The background is filled with tall, snow-covered evergreen trees under a clear blue sky. The skier is in the lower-left corner of the frame, moving towards the right. The trees are heavily laden with snow, creating a textured, white backdrop. The sky is a solid, vibrant blue.

FUN FOR GROWN-UPS TOO

PROGRAMS FOR ADULTS

ADULT SKI/RIDE CLINICS (Ages 19+)

Learn to ski/ride or develop new skills in the bumps, trees and steeps in our specialized Adult Clinics.

Dates/Times: Adult Winter Break (10am-12pm)

AC-1: Dec. 26-29

Ladies Only (7:30pm-9:30pm)

L-1: Mondays, Jan. 4, 11, 18, 25

L-2: Mondays, Feb. 1, 8, 15, 22

L-3: Mondays, Feb. 29, Mar. 7, 14, 21

Adult Evenings (7:30pm-9:30pm)

AC-2: Wednesdays, Jan. 6, 13, 20, 27

AC-5: Wednesdays, Feb. 3, 10, 17, 24

AC-8: Wednesdays, Mar. 2, 9, 16, 23

Adult Weekend (9:30am-11:30am)

AC-3: Saturdays, Jan. 9, 16, 23, 30

AC-4: Sundays, Jan. 10, 17, 24, 31

AC-6: Saturdays, Feb. 6, 13, 20, 27

AC-7: Sundays, Feb. 7, 14, 21, 28

AC-9: Saturdays, Mar. 5, 12, 19, 26

AC-10: Sundays, Mar. 6, 13, 20, 27

PRODUCT	RATE
Clinic	165
Clinic + Rental	259
Clinic + Lift	260
Clinic + Rental + Lift	354

Notes:

- Register online or by phone at 604.980.9311.
- Participants will receive a \$50 voucher to put towards the purchase of ski or snowboard boots.



AVAILABLE ONLINE AT
grousemountain.com

ELAN DISCOVERY PACKAGE

We are excited to present the best way to kick start your life as a skier or snowboarder. Package includes registration in one of our Wednesday Night Adult Clinics (4x 2-hour sessions), equipment rentals and a brand new set of skis or snowboard with bindings at the end of the clinic. Regular price for these items would be \$658 but this package is available for only \$399!

This opportunity is the best way to get you started on the path towards a lifetime on the slopes. Space is limited so register today.

Dates/Times: Adult Evenings (7:30pm-9:30pm)

AC-2: Wednesdays, Jan. 6, 13, 20, 27

AC-5: Wednesdays, Feb. 3, 10, 17, 24

AC-8: Wednesdays, Mar. 2, 9, 16, 23

PRODUCT

RATE

Package (Clinic + Rentals + New Skis/Snowboard & Bindings)	399
Package + Lift	494

Notes:

- Limited quantities available on a first come, first served basis
- All lessons are subject to availability. Advanced booking is recommended.
- Equipment will be received at the start of the 4th lesson.
- Equipment is best suited to beginner and intermediate skiers/snowboarders.
- Participants will receive a \$50 voucher to put towards the purchase of ski or snowboard boots.

SKI INSTRUCTOR COURSES (AGES 15+)

CSIA INSTRUCTOR CERTIFICATION

Learn the tips and techniques needed to teach beginners how to ski. This 3-day course is your chance to become a Level 1-Certified CSIA (Canadian Ski Instructors' Alliance) instructor.

Course Dates: Dec. 6, 12, 13
Jan. 17, 23, 24
Feb. 14, 20, 21
Mar. 6, 12, 13

Course Times: Day 1: 8:30am–4:30pm
Days 2 & 3: 9am–5pm

PRODUCT	RATE
3-Day Course	399
Retest	199.50

Notes:

- Participants must be Ability Level 5 or higher.
- Prices are for the Course only. There is no additional charge for Lift Tickets for non-passholders.
- On Day 1, meet in Valley Plaza at 8:30am. On Days 2 and 3, meet at the Snow School Meeting Place at 9am.
- For information on CSIA and CASI programs, visit snowpro.com.
- For Skiing Retest, candidates must register for and attend Days 1 and 2 of the course.
- For Teaching Retest, candidates must register for and attend Days 2 and 3.
- All candidates must complete an EPrep Learning Module. A website link will be provided in your confirmation letter.
- The BC Ministry of Education has approved the CSIA Level 1 Certification course as an External Credential. towards a high school diploma. Visit grousemountain.com/instructor-certification for more info.
- Register online or by phone at 604.980.9311.

SKI INSTRUCTOR COURSE PREP SESSION

This 1-day session with Grouse Mountain's own top Course Conductors will prepare you for the CSIA Level 1 Instructor Certification Course.

Session Dates: Dec. 5
Jan. 16
Feb. 13
Mar. 5

Session Time: 9am–4pm

PRODUCT	ADULT (Ages 19+)	YOUTH (Ages 15-18)
Prep Course	99	99
Course + Lift	147	136

Notes:

- Students meet in Valley Plaza at 9am.
- For information on CSIA and CASI programs, visit snowpro.com.
- Register online or by phone at 604.980.9311.



Prices subject to applicable taxes. 29

MOUNTAINTOP SAFETY TRAINING

AVALANCHE SKILLS TRAINING, LEVEL 1

Learn how to evaluate avalanche conditions, analyze a Public Avalanche Bulletin and better plan for winter outings. Our experienced team can help you get some of the basics with our 2-day hands-on course.

Course Dates: Alternate Weekends, Jan. 10, 24 Feb. 7, 21, Mar. 16, 20

Course Time: **Day 1:** 8am-4pm **Day 2:** 8am-4:30pm

PRODUCT	REGULAR	PASSHOLDER
Course	225	199
+ Snowshoe Rental Option (Day 2)	+20	+16
+ Lunch Option (Days 1 & 2)	+24	+24

Notes:

- Register online or by phone at 604.980.9311.
- Participants must be physically able to snowshoe around the Munday Alpine Snowshoe Park.
- Participants meet the instructor in the Valley Plaza outside Guest Services at 8:00am.
- This course is Intended for Adult participants but mature youth (15+) can register with parental consent.



AVAILABLE ONLINE AT
grousemountain.com

WILDERNESS FIRST AID TRAINING

Wilderness First Aid is designed for individuals who work, travel or play in remote locations outside the range of emergency medical services. This 2-day course provides participants with an introduction to wilderness first aid, with an emphasis on prevention, practical skills, decision making and dealing with changing environmental conditions. CPR Certification is a requirement for this course and can be obtained on Day 1.

Course Dates: Dec. 5, 6

Course Time: 8:30am-5:30pm

CPR Certification (Day 1): 6-9pm

PRODUCT	REGULAR	PASSHOLDER
Course	245	220
+ CPR Certification (Day 1)	+55	+55
+ Lunch Option (Days 1 & 2)	+24	+24

Notes:

- Register online or by phone at 604.980.9311.
- Participants without valid a CPR certificate are required to add the Certification course offered on Day 1.
- Participants meet the instructor in the Valley Plaza outside Guest Services at 8:15am.
- Intended for Adult participants but mature youth (15+) can register with parental consent.

A SNOWSHOE ADVENTURE FOR EVERYONE

With clinics for beginners, new parents, racers and more, Grouse Mountain is the perfect place to try winter's fastest growing sport.



SNOWSHOE PROGRAMS (AGES 19+)

SNOWSHOE DROP-IN NIGHTS

Join us for an exciting night hiking through Munday Alpine Snowshoe Park. Whether you are just starting out or looking to improve your time on the Showshoe Grind, we have a group suited to you. Snowshoeing is a fun way to explore the Mountain and get a great workout too.

Snowshoe Drop-In Nights are complimentary with an Alpine Experience Ticket or Annual Local's Pass.

Dates/Time: Mondays, Dec. 14 through Mar. 28
Wednesdays, Dec. 16 through Mar. 30
7-8:30pm

Notes:

- Headlamps are required and can be purchased at Outfitters in the Chalet.
- Participants can rent snowshoes at a special rate of \$10.
- All participants meet in front of the Fireside Hut at the mountaintop Ice Skating Pond.
- Be sure to dress appropriately for an outdoor workout; synthetic tights or pants, light layers and a shell jacket are recommended, along with sturdy running shoes.

SNOWSHOE CLINICS



Grouse Mountain Snowshoe Clinics will teach you all about this fast growing sport. Have fun, reduce stress and get fit this winter with our range of clinics.

Our Boomers & Zoomers (50+) Clinic offers the chance for mature adults who enjoy outdoor fitness to meet, while Baby and Me is the perfect clinic for new parents. Both clinics feature a tour followed by a hot drink and snack in the Chalet.

Dates/Times: Ladies Only (9am-11am)

Saturdays, Jan. 9, 16, 23, 30

Saturdays, Feb. 6, 13, 20, 27

Saturdays, Mar. 5, 12, 19, 26

Beginner or Race Prep (9am-11am)

Sundays, Jan. 10, 17, 24, 31

Sundays, Feb. 7, 14, 21, 28

Sundays, Mar. 6, 13, 20, 27

**Boomers & Zoomers 50+ (9am-11am) or
Baby and Me (10:30am-12:30pm)**

Thursdays, Jan. 7, 14, 21, 28

Thursdays, Feb. 4, 11, 18, 25

Thursdays, Mar. 3, 10, 17, 24

PRODUCT	ADULTS (19-64)	SENIORS (65+)
4-Session Clinic	79	79
Clinic + 1-Year Local's Pass	164	149

Notes:

- Clinics include rentals, snowshoe instruction and entry into the Snowshoe Grind Mountain Run.
- Register online or by phone at 604.980.9311.
- Baby and Me is recommended for babies 2-24 months old.
- Participants meet in Valley Plaza outside Guest Services 30min prior to scheduled start time.

SNOWSHOE TOUR AND FONDUE

Enjoy snowshoeing followed by delicious fondue in an evening of adventure and fun. Let our informative guide take you out, then sit down for après in Altitudes Bistro with Cheese, Broth and Chocolate Fondues.

Start Time: 7pm

PRODUCT	REGULAR	PASSHOLDER
Fondue Tour Package	95	85
New Year's Eve Social (Dec. 31, 2015)	75	65
Valentine's Day Social (Feb. 14, 2016)	65	55

Notes:

- Rates include roundtrip Skyride (Regular Rate only), snowshoe and headlamp rentals, guided tour and fondue.
- Fondue Tour Package available to groups only (min. 6 participants).
- Register by phone at 604.980.9311. At least 72 hours advance notice required.
- Meet by the Fireside Hut at the mountaintop Ice Skating Pond.
- Not available Wednesdays, or during Winter Break (Dec.20-Jan. 4).
- New Year's Eve Social includes cheese and chocolate courses; Valentine's Day Social includes chocolate fondue.

PRIVATE SNOWSHOE TOURS

Learn snowshoeing tips and tricks and enjoy a 90-minute tour with an informative guide - great for birthdays or getting your co-workers outside.

PRODUCT	RATE
Private Tour (<i>maximum 10 people</i>)	150

Notes:

- Snowshoe rentals available for \$10 per person.
- An Alpine Experience Ticket or Grouse Mountain Season's or Annual Local's Pass is required.
- Call 604.980.9311 to book.
- Meet by the Fireside Hut at the mountaintop Ice Skating Pond.

GETTING TO GROUSE MOUNTAIN

6400 Nancy Greene Way,
North Vancouver, BC
V7R 4K9 Canada

604.980.9311

grousemountain.com

Snow Ph: 604.986.6262

WINTER HOURS

Weekends & Holidays

8:30am-10pm,

Monday-Friday 9am-10pm

The Skyride departs every
15 minutes.

BY CAR. Follow Georgia Street westbound through Stanley Park and across Lions Gate Bridge. Take North Vancouver exit to Marine Drive, then up Capilano Road for 5 km (3 miles). **Or,** from the Ironworkers' Memorial Second Narrows Bridge, follow Highway #1 westbound to Capilano Road exit north.

BY TRANSIT. Public transit offers regular service to the base of the Mountain (Route 232/236). For additional information call 604.953.3333.

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