

Grade 1 Science Applicable Core Competencies

Discuss some of the following:

Questioning and predicting

- Demonstrate curiosity and a sense of wonder about the world
- Observe objects and events in familiar contexts
- Ask questions about familiar objects and events
- Make simple predictions about familiar objects and events

Planning and conducting

- Make and record observations

Processing and analyzing data and information

- Experience and interpret the local environment
- Recognize First Peoples stories (including oral and written narratives), songs, and art, as ways to share knowledge
- Compare observations with predictions through discussion
- Identify simple patterns and connections

Evaluating

- Compare observations with those of others
- Consider some environmental consequences of their actions

Applying and innovating

- Take part in caring for self, family, classroom and school through personal approaches
- Transfer and apply learning to new situations
- Generate and introduce new or refined ideas when problem solving

Communicating

- Communicate observations and ideas using oral or written language, drawing, or role-play
- Express and reflect on personal experiences of place

Explore some of the following:

- **classification** of living and non-living things
- **names** of local plants and animals
- **structural features** of living things in the local environment
- **behavioural adaptations** of animals in the local environment
- the knowledge of First Peoples
 - shared First Peoples knowledge of the sky
 - **local First Peoples** knowledge of the local landscape, plants and animals
 - local First Peoples understanding and use of **seasonal rounds**

Grade 1 Social Studies Applicable Core Competencies

Discuss some of the following:

Use Social Studies inquiry processes and skills to ask questions; gather, interpret, and analyze ideas; and communicate findings and decisions

Explain the significance of personal or local events, objects, people, or places (significance)

Ask questions, make inferences, and draw conclusions about the content and features of different types of sources (evidence)

Sequence objects, images, or events, and distinguish between what has changed and what has stayed the same (continuity and change)

Recognize causes and consequences of events, decisions, or developments in their lives (cause and consequence)

Explore different perspectives on people, places, issues, or events in their lives (perspective)

Identify fair and unfair aspects of events, decisions, or actions in their lives and consider appropriate courses of action (ethical judgment)

Explore some of the following:

- **diverse cultures, backgrounds, and perspectives within the local and other communities**
- **relationships between a community and its environment roles, rights, and responsibilities in the local community**
- **key events and developments in the local community, and in local First Peoples communities**
- **natural and human-made features of the local environment**

Grade 1 Physical and Health Education Applicable Core Competencies

Discuss some of the following:

Physical literacy

- Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments
- Describe the body's reaction to participating in physical activity in a variety of environments
- Develop and demonstrate safety, fair play, and leadership in physical activities

Healthy and active living

- Participate daily in physical activity at moderate to vigorous intensity levels
Identify opportunities to be physically active at school, at home, and in the community
- Identify and explore a variety of foods and describe how they contribute to health
- Identify opportunities to make choices that contribute to health and well-being
- Recognize basic health information from a variety of sources

Social and community health

- Describe ways to prevent and respond to a variety of unsafe and/or uncomfortable situations
- Develop and demonstrate respectful behaviour when participating in activities with others
- Identify caring behaviours among classmates and within families

Mental well-being

- Identify and describe practices that promote mental well-being
- Identify and describe feelings and worries
- Identify personal skills, interests, and preferences

Explore some of the following:

- proper technique for fundamental movement skills, including **non-locomotor**, **locomotor**, and **manipulative** skills
- how to participate in different types of physical activities, including **individual and dual activities**, **rhythmic activities**, and **games**
- **relationships between food, hydration, and health effects** of different activities on the body
- **practices** that promote health and well-being
- names for **parts of the body**, including male and female private parts
- **appropriate** and **inappropriate** ways of being touched
- different types of **substances** and how to safely use or avoid them
- **hazards and potentially unsafe situations**
- **caring behaviours** in groups and families
- emotions and their causes and effects
- reliable **sources** of health information