Grade 6 Science Core Competencies	
Curricular Competencies	Content
Students (should) be able to do the following:	Students (should) know the following:
 Questioning and predicting Demonstrate a sustained curiosity about a scientific topic or problem of personal interest Make observations in familiar or unfamiliar contexts Make predictions about the findings of their inquiry 	 effects of balanced and unbalanced forces in daily physical activities force of gravity
Planning and conducting	
 With support, plan appropriate investigations to answer their questions or solve problems they have identified 	
Processing and analyzing data and information	
 Experience and interpret the local environment Identify First Peoples perspectives and knowledge as sources of information Demonstrate an openness to new ideas and consideration of alternatives 	
Evaluating	
 Identify some of the social, ethical, and environmental implications of the findings from their own and others' investigations 	
Applying and innovating	
 Contribute to care for self, others, and community through personal or collaborative approaches Transfer and apply learning to new situations Generate and introduce new or refined ideas when problem solving 	
Communicating	
 Communicate ideas, explanations, and processes in a variety of ways Express and reflect on personal, shared, or others' experiences of place 	

Grade 6 Social Core Competencies		
Curricular Competencies	Content	
 Students (should) be able to do the following: Use Social Studies inquiry processes and skills to ask questions; gather, interpret, and analyze ideas; and communicate findings and decisions Develop a plan of action to address a selected problem or issue Construct arguments defending the significance of individuals/groups, places, events, or developments (significance) Ask questions, corroborate inferences, and draw conclusions about the content and origins of a variety of sources, including mass media (evidence) Sequence objects, images, or events, and recognize the positive and negative aspects of continuities and changes in the past and present (continuity and change) Differentiate between short- and long-term causes, and intended and unintended consequences, of events, decisions, or developments (cause and consequence) Take stakeholders' perspectives on issues, 	 the urbanization and migration of people global poverty and inequality issues, including class structure and gender roles of individuals, governmental organizations, and NGOs, including groups representing indigenous peoples different systems of government economic policies and resource management, including effects on indigenous peoples globalization and economic interdependence regional and international conflict 	

developments, or events by making inferences about their beliefs, values, and motivations (perspective)
Make ethical judgments about events, decisions, or actions that consider the conditions of a particular time and place, and assess appropriate ways to respond

(ethical judgment)

Grade 6 Physical and Health Education Core Competencies

Curricular Competencies

Students (should) be able to do the following:

Physical literacy

- Develop, refine, and apply fundamental movement skills in a variety of physical activities and environments
- Develop and apply a variety of movement concepts and strategies in different physical activities
- Apply methods of monitoring and adjusting exertion levels in physical activity
- Develop and demonstrate safety, fair play, and leadership in physical activities
- Identify and describe preferred types of physical activity

Healthy and active living

- Participate daily in physical activity designed to enhance and maintain health components of fitness
- Describe how students' participation in physical activities at school, at home, and in the community can influence their health and fitness
- Describe the impacts of personal choices on health and well-being
- Identify, apply, and reflect on strategies used to pursue personal healthy-living goals

Social and community health

- Identify and describe strategies for avoiding and/or responding to potentially unsafe, abusive, or exploitive situations
- Explore strategies for promoting the health and wellbeing of the school and community

Mental well-being

- Describe and assess strategies for promoting mental well-being, for self and others
- Describe and assess strategies for managing problems related to mental well-being and substance use, for others

Content

Students (should) know the following:

- proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills
- movement concepts and strategies
- ways to monitor and adjust physical exertion levels
- how to participate in different types of physical activities, including individual and dual activities, rhythmic activities, and games
- training principles to enhance personal fitness levels, including the FITT principle and the SAID principle
- basic principles for responding to emergencies